



W/C – 20<sup>th</sup> May, 17<sup>th</sup> June, 15<sup>th</sup> July, 12<sup>th</sup> August

|           | Lunch                                     | Ingredients   | Dessert     | Ingredients |
|-----------|---|---|-------------|-------------|
| MONDAY    | Sweet Potato and Pea Korma Rice           | Sweet Potato, Garden Peas, Coconut Milk, Gravy, Onions, Peppers, Carrots, Tomatoes T, Spinach, Coriander, Garlic, Dates, Cumin, Turmeric, Mild Madras Curry Powder (Contains Chickpea Flour) Rice               | Fresh Fruit | Satsumas    |
| TUESDAY   | Roast Beef Gravy New Potatoes Sweetcorn   | Beef, Gravy, New Potatoes, Sweetcorn  | Fresh Fruit | Pears       |
| WEDNESDAY | Spring Vegetable Casserole Wholemeal Roll | Cannellini Beans, Broad Beans, Leeks, Peas, Green Beans, Sweetcorn, Spinach, Gravy, Tomatoes T, Carrots, Onions, Parsley, Garlic, Oregano, Wholemeal Roll G   | Fresh Fruit | Bananas     |
| THURSDAY  | Veggie Meatball Marinara Wholemeal Pasta  | Veggie Meatballs (contains soya S, onions, rapeseed oil, tomato T, garlic, chickpea flour, yeast extract, herbs, spices) Peppers. Onions, Carrots, Tomatoes T, Leeks, Basil, Garlic, Oregano, Wholemeal Pasta G | Fresh Fruit | Apples      |
| FRIDAY    | Shepherd's Pie Sliced Carrots             | Lamb, Leeks, Onions, Carrots, Swede, Vegan Mince S, Parsley, Gravy, Potatoes, Dairy Free Spread, Carrots  | Fresh Fruit | Satsumas    |



**Allergen Keys**

G – Contains Gluten D – Contains Dairy Products E – Contains Egg S – Contains Soya  
 SD – Contains Sulphur Dioxide F – Contains Fish T – Contains Tomato C – Contains Celery

ALL OF THESE DISHES ARE FREE FROM PEANUTS, TREE NUTS, SESAME SEEDS, MUSTARD, LUPIN, CRUSTACEANS, AND MOLLUSCS

**We cater for any dietary requirements.**

**Please contact us for more information.**

Our menus run on four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured.

All our eggs are free range. We use seasonal vegetables where possible.