

Spring Summer 2019 Lunch

Tel: 01179 666 112

Email: admin@earlyyearscatering.co.uk

Web: www.earlyyearscatering.co.uk

Week 4

Monday

Woodland Pork Chipolatas in Gravy
Sage & Marjoram Soya Sausages
Sweet potato Mash Peas & Sweetcorn
Flapjacks

Tuesday

Beef & Vegetable Goulash
Tofu & Vegetable Goulash
Cous Cous
Organic Fruit Yoghurts

Wednesday

Caribbean Fish Stew
Caribbean Chickpea Stew
Rice
Cotswold Chocolate Ice Cream

Thursday

Tomato Basil and Lentil Sauce
Organic Pasta & Grated Cheese
Carrot Cake

Friday

Sweet & Sour Chicken
Sweet & Sour Quorn
Rice
Fruit Jelly

About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.